



HARD WORKIN' MAN

Choreographed by Always Be My Baby by David Cook
64 Count, 4 Wall, Intermediate level line dance
Music: Hard Workin' Man by Brooks & Dunn

Contact Information: <http://www.sphilipg.webs.com/>



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KICK BALL CROSS, KICK BALL CROSS, SIDE SHUFFLE, ROCK RECOVER

- 1 & 2 Kick right forward, step right to side, cross left over right
- 3 & 4 Kick right forward, step right to side, cross left over right
- 5 & 6 Step right to side, step left together, step right to side
- 7 - 8 Cross/rock left behind right, recover onto right

KICK BALL CROSS, KICK BALL CROSS, SIDE SHUFFLE, ROCK RECOVER

- 1 & 2 Kick left forward, step left to side, cross right over left
- 3 & 4 Kick left forward, step left to side, cross right over left
- 5 & 6 Step left to side, step right together, step left to side
- 7 - 8 Cross/rock right behind left, recover onto left

MONTEREY 1/4 TURN, TOUCH STEP

- 1 - 2 Touch right to side, turn 1/4 right and step right forward
- 3 - 4 Touch left to side, step left together
- 5 - 8 Repeat steps 1-4

STEP, HEEL BOUNCE RIGHT, STEP HEEL BOUNCE LEFT

- 1 - 4 Step right forward, bounce right heel 3 times
- 5 - 8 Step left forward, bounce left heel 3 times

PIVOT 1/2 TURN, FORWARD SHUFFLE, PIVOT 1/2 TURN, FORWARD SHUFFLE

- 1 - 2 Step right forward, turn 1/2 left (weight to left)
- 3 & 4 Step right forward, step left together, step right forward
- 5 - 6 Step left forward, turn 1/2 right (weight to right)
- 7 & 8 Step left forward, step right together, step left forward

1/4 LEFT TOUCH, HOLD, HEEL BOUNCE

- 1 - 4 Turn 1/4 left and touch right to side, hold for 3 counts
- Optional hand movement: spread hands to respective side at hip levels with palms facing down*
- 5 - 8 Bounce right heel 4 times (weight to left)
- Re-starts: on wall 2 and 5 do dance until step 48 then start again*

SIDE SHUFFLE ROCK RECOVER, SIDE SHUFFLE ROCK RECOVER

- 1 & 2 Step right to side, step left together, step right to side
- 3 - 4 Cross/rock left behind right, recover onto right
- 5 & 6 Step left to side, step right together, step left to side
- 7 - 8 Cross/rock right behind left, recover onto left

STEP, HEEL SWIVELS TO RIGHT, SWIVELS BACK TOWARDS LEFT

- 1 Step left together
- 2 - 4 Swivel right heel out, swivel right toe out, swivel right heel out
- 5 - 6 Swivel right heel in, swivel right toe in
- 7 - 8 Swivel right heel in, swivel right toe together

REPEAT

(Originally taught by Elysium Dance Designs January 2008)



