



HOW LONG

Choreographed by Jo Thompson Szymanski
32 Count, 4 Wall, Beginner level line dance
Music: How Long by The Eagles

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HEEL, TOGETHER 4 TIMES

- 1 2 Touch right heel forward, step right foot together
- 3 4 Touch left heel forward, step left foot together
- 5 6 Touch right heel forward, step right foot together
- 7 8 Touch left heel forward, step left foot together

VINE RIGHT, TOUCH, VINE LEFT, TURN 1/4 LEFT, TOUCH

- 1 2 Step right foot to right side, step left foot crossed behind right
- 3 4 Step right foot to right side, touch left foot together
- 5 6 Step left foot to left side, step right foot crossed behind left
- 7 8 Turn 1/4 left and step forward with left, touch right foot together

DIAGONAL STEP TOUCH FORWARD, BACK, BACK, FORWARD

- 1 Step right foot to right front diagonal
- 2 Touch left foot together, clap hands
- 3 Step left foot to left back diagonal
- 4 Touch right foot together, clap hands
- 5 Step right foot to right back diagonal
- 6 Touch left foot together, clap hands
- 7 Step left foot to left front diagonal
- 8 Touch right foot together, clap hands

ROCK, RECOVER, BACK, HITCH, SLOW COASTER STEP, STOMP

- 1 2 Rock forward with right foot, recover back to left foot
- 3 4 Step back with right foot, hitch left knee and drop right heel (will feel like a small hop on the right foot with the left knee up)
- 5 6 Step back with left foot, step together with right foot
- 7 8 Step forward with left foot, stomp right foot together keeping weight on left foot
Sometimes called a "stomp up"

REPEAT

TAG

When using the song "How Long" by The Eagles, after the 3rd wall, insert this 4-count tag

- 1 - 4 *Touch right heel forward, step right foot together . Touch left heel forward, step left foot together
Then restart the dance as normal. In other words on the 4th wall, you will do a total of 6 heel touches*

(Originally taught by Elysium Dance Designs May 2008)

