



# THE LOCOMOTION

Choreographed by Jo Thompson Szymanski  
32 Count, 4 Wall, Beginner level line dance  
Music: Locomotion by Scooter Lee

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## "TRAIN STEP" - ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, TRIPLE IN PLACE (OR COASTER STEP)

- 1 2 Rock forward with right foot, replace weight back to left foot
- 3 4 Rock back with right foot, replace weight forward to left foot
- 5 6 Rock forward with right foot, replace weight back to left foot
- 7 & 8 Step together with right foot, step in place with left foot, step in place with right foot

*For a lower impact version, step together on count 7, hold count 8. For more experienced dancers, counts 7 & 8 can be done as a coaster step by stepping back on count 7, together on &, forward on 8*

## "TRAIN STEP" - ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, TRIPLE IN PLACE (OR COASTER STEP)

- 1 2 Rock forward with left foot, replace weight back to right foot
- 3 4 Rock back with left foot, replace weight forward to right foot
- 5 6 Rock forward with left foot, replace weight back to right foot
- 7 & 8 Step together with left foot, step in place with right foot, step in place with left foot

*For a lower impact version, step together on count 7, hold count 8. For more experienced dancers, counts 7 & 8 can be done as a coaster step by stepping back on count 7, together on &, forward on 8*

## VINE RIGHT, TOUCH, VINE LEFT, 1/4 TURN LEFT, TOUCH

- 1 - 4 Step right foot to right side, step left foot crossed behind right, step right foot to right side, touch left foot beside right
- 5 - 8 Step left foot to left side, step right foot crossed behind left, turn 1/4 left, step forward with left foot, touch right foot beside left

**Optional:** clap on counts 4 and 8 as you touch

## VINE RIGHT, TOUCH, VINE LEFT, TOUCH

- 1 - 4 Step right foot to right side, step left foot crossed behind right, step right foot to right side, touch left foot beside right
- 5 - 8 Step left foot to left side, step right foot crossed behind left, step left foot to left side, touch right foot beside left

**Optional:** clap on counts 4 and 8 as you touch

## REPEAT

(Originally taught by Elysium Dance Designs November 2006)

