



# NO NEED TO RUSH

Choreographed by Neville Fitzgerald & Julie Harris

64 Count, 2 Wall, Intermediate level line dance

Music: One Step At A Time by Jordin Sparks

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## **SIDE, BEHIND & STEP, MAMBO STEP, 1/2, 1/2, 1/4 CHASSE**

- 1 2 & 3 Step left to side, cross right behind left, step left to side, step right forward
- 4 & 5 Rock left forward, recover on right, step left back
- 6 - 7 Turn 1/2 right and step right forward, turn 1/2 right and step left back
- 8 & 1 Turn 1/4 right and step right to side, step left together, step right to side

## **ROCK & SIDE, CROSS, SIDE, SAILOR 1/4, STEP**

- 2 & 3 Cross rock left over right, recover on right, step left to side
- 4 - 5 Cross right over left, step left to side
- 6 & 7 Cross right behind left, turn 1/4 right and step left together, step right forward
- 8 Step left forward

**Restart Two: from here on wall 5. See note at end of step sheet**

## **1/2 PIVOT, LEFT LOCK STEP, KICK CROSS BACK, SIDE, CROSS, 1/4 LOCK STEP BACK**

- 1 Turn 1/2 right (weight to right)
- 2 & 3 Step left forward, lock right behind left, step left forward
- 4 & 5 Kick right forward diagonal right, cross right over left, step left back
- 6 - 7 Step to right side on right, cross left over right
- 8 & 1 Turn 1/4 left and step right back, lock left over right, step right back

## **1/2, TOUCH, ROCK & 1/2, COASTER STEP, 1/4 BEHIND & CROSS**

- 2 - 3 Turn 1/2 left and step left forward, touch right toe forward
- 4 & 5 Rock right back, recover on left, turn 1/2 left and step right back
- 6 & 7 Step left back, step right together, step left forward
- 8 & 1 Turn 1/4 right and cross right behind left, step left to side, cross right over left

## **& CROSS & CROSS, ROCK & CROSS, 1/4, 1/4, ROCK & SIDE**

- & 2 & 3 Step left to side, cross right over left, step left to side, cross right over left
- 4 & 5 Rock to left side on left, recover on right, cross left over right
- 6 - 7 Turn 1/4 right and step right forward, 1/4 turn to right and step left to side
- 8 & 1 Cross rock right behind left, recover on left, step right to side

## **ROCK & SIDE, ROCK & 1/4, STEP, 1/2 PIVOT, 1/4 SWEEP**

- 2 & 3 Cross rock left behind right, recover on right, step left to side
- 4 & 5 Cross rock right behind left, recover on left, turn 1/4 right and step right forward
- 6 - 7 Step left forward, pivot 1/2 turn to right
- 8 Turn 1/4 right sweeping left to touch next to right

**Restart One: from here on wall 2**

## **CHASSE LEFT, BACK ROCK, STEP, LOCK & STEP, SAILOR 1/2 TURN**

- 1 & 2 Step left to side, step right together, step left to side
- 3 - 4 Rock right back, recover on left
- 5 - 6 Step right forward diagonal right, lock left behind right
- & 7 Step right forward diagonal right, step left forward diagonal left
- 8 & 1 Cross right behind left making 1/4 turn to right, 1/4 turn to right and step left together, step right forward

## **WALK, WALK, STEP, 1/2 PIVOT, LEFT SHUFFLE, STEP**

- 2 - 3 Walk forward left-right
- 4 - 5 Step left forward, pivot 1/2 turn to right
- 6 & 7 Step left forward, step right together, step left forward
- 8 Step right forward

## **REPEAT**

### **RESTARTS**

**R 1** On wall 2, dance through count 48, then restart from beginning

**R 2** On wall 5, dance through count 15. Turn 1/2 right sweeping left to touch next to right, then restart from beginning

(Originally taught by Elysium Dance Designs 2009/01)

