



SHAME ON ME

Choreographed by Cato Larsen

64 Count, 1 Wall, Beginner / Intermediate level line dance

Music: Shame On Me by Rachel Proctor

Contact Information: cato@western-entertainment.no



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SIDE ROCK, SIDE SHUFFLE, CROSS ROCK, SWEEP INTO A SAILOR STEP 1/4 TURN

- 1 - 2 Step right to right, step left in place
- 3 & 4 Step right to right, step left next to right, step right to right
- 5 - 6 Step left across of right, rock (recover) back onto right
- & Sweep left counter to the right
- 7 & 8 Step left behind right, step right to right, turn 1/4 turn left stepping forward on left

ROCK STEP, AND ROCK STEP, AND WALK FORWARD, SHUFFLE FORWARD

- 1 - 2 & Step forward on right, rock (recover) back onto left, step right next to left
- 3 - 4 & Step forward on left, rock (recover) back onto right, step left next to right
- 5 - 6 Step forward on right, step forward on left
- 7 & 8 Step forward on right, step left next to right, step forward on right

ROCK STEP, 1/4 TURN & POINT, HOLD, HIP BUMPS, SIDE ROCK & CROSS

- 1 - 2 Step forward on left, rock (recover) back onto right
- & 3 - 4 Pivot 1/4 turn left stepping left to left side, point right toe to right side, hold
- 5 - 6 Bump your hips right, left
- 7 & 8 Step right to right side, rock (recover) back onto left, step right across of left

2X 1/4 PIVOT TURN, CROSS SHUFFLE, SIDE ROCK, WEAVE

- 1 Pivot 1/4 turn right stepping back on left
- 2 Pivot 1/4 turn right stepping right to right side
- 3 & 4 Step left across of right, step right to right side, step left across of right
- 5 - 6 Step right to right side, rock (recover) back onto left
- 7 & 8 Step right behind left, step left to left side, step right across of left

REPEAT IT ALL

33 - 64 Repeat 1-32 mirror image. Everything is done the opposite way with the opposite foot

REPEAT

(Originally taught by Elysium Dance Designs January 2008)

