



SOUL ENERGY

Choreographed by Michele Perron
48 Count, 2 Wall, Intermediate level line dance
Music: I Dont Want Nobody by Ike Turner

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Introduction: 48 Counts

Sec. 1 WALK, WALK, FORWARD-TURN-FORWARD, FORWARD-TURN-ACROSS, TURN-BACK-TOUCH

- 1 - 2 LEFT, RIGHT Steps forward
- 3 & 4 LEFT Step forward, Execute 1/2 Turn R with RIGHT Step forward, LEFT Step forward (6 o'clock)
- 5 & 6 RIGHT Step forward, Execute 1/4 Turn L with LEFT Step side L, RIGHT Step across front of L (3 o'clock)
- 7 & 8 Execute 1/4 Turn R with LEFT Step back, RIGHT Step back, LEFT Touch (knees bend) forward (6 o'clock)

Sec. 2 LEFT TRIPLE FORWARD; ROCK/FORWARD, RECOVER/BACK; RIGHT TRIPLE TURN; ROCK/FORWARD, RECOVER/BACK

- 1 & 2 LEFT Triple forward [L forward, R together, L forward]
- 3 - 4 RIGHT Rock/Step forward; LEFT Recover/Step back
- 5 & 6 RIGHT Triple with 1/2 Turn R [R side with 1/4 Turn, L together, R forward with 1/4 Turn] (12 o'clock)
- 7 - 8 LEFT Rock/Step forward; RIGHT Recover/Step back

Sec. 3 LEFT LOCKING TRIPLE, TURN, ACROSS, & TOUCH, HOLD, & TOUCH, HOLD

- 1 & 2 LEFT 'Locking' Triple back [L back, R back across front of L, L back]
- 3 - 4 Execute 1/4 Turn R with RIGHT Step side R; LEFT Step across front of R (3 o'clock)
- & - 5 - 6 Execute 1/4 Turn L with RIGHT Step back; LEFT Touch beside R; HOLD (12 o'clock)
- & - 7 - 8 Execute 1/4 Turn L with LEFT Step forward; RIGHT Touch beside L; HOLD (9 o'clock)

Sec. 4 & TOUCH, TURN (Monterey Turn Variation), TRIPLE FORWARD, TOUCH, ACROSS, TOUCH, BEHIND

- & - 1 - 2 RIGHT Step beside L; LEFT Touch side L; Execute 1/2 Turn L with LEFT Step beside R (3 o'clock)
- 3 & 4 RIGHT Triple forward [R forward, L tog, R forward]
- 5 - 6 LEFT Touch side L; LEFT Step across front of R
- 7 - 8 RIGHT Touch side R; RIGHT Step crossed behind L

**RESTART on Fourth Rotation with 1/4 Turn L*

Sec. 5 TURN, FORWARD, TRIPLE FORWARD, FORWARD-BACK-BACK; BACK-FORWARD-FORWARD [Salsa Basic]

- 1 - 2 LEFT Step forward/side (beginning 1/2 Turn L); RIGHT Step forward (completing 1/2 Turn L) (9 o'clock)
- 3 & 4 LEFT Triple forward (L forward, R together, L forward)
- 5 & 6 RIGHT Rock/Step forward, LEFT Recover/Step back, RIGHT Step back
- 7 & 8 LEFT Rock/Step back, RIGHT Recover/Step forward, LEFT Step forward

Sec. 6 FORWARD, TURN, CROSSING TRIPLE, SIDE-ROCK-ACROSS, SIDE-ROCK-ACROSS

- 1 - 2 RIGHT Step forward; Execute 1/4 Turn L with LEFT Step side L (6 o'clock)
- 3 & 4 RIGHT Crossing Triple [R across L, L side, R across L]
- 5 & 6 LEFT Rock/Step side L, RIGHT Recover/Step side R, LEFT Step across front of R
- 7 & 8 RIGHT Rock/Step side R, LEFT Recover/Step side L, RIGHT Step across front of L

Begin Again

RESTART: Occurs on fourth rotation, at the end of Sec.IV, (32 Counts), facing 9 o'clock wall. Execute 1/4 Turn L with Left forward and restart dance on 6 o'clock wall.

During the 48 Count Introduction: 'Pump' flexed hand twice, palm facing down, below waist; on the lyrics, "I Don't" [Pumping action comes from bending and straightening elbow] Alternate from right hand to left hand, on each pump: Hand actions begin: On third and fourth sets 'pump' on Counts 7,8 (approx) On fifth set: Counts 1,2, and 7,8 (approx) On sixth set: Counts 1,2 (approx)

ENDING: You will be facing the 6 o'clock wall on Count 48, Execute 1/2 Turn, step forward and Pose!

(Originally taught by Elysium Dance Designs July 2007)

