



THOSE WERE THE DAYS

Choreographed by: Daniel Whittaker & Rob Fowler

32 Count, 2 Wall, High Beginner level line dance

Music: Those Were the Days by Hermes House Band

Contact: <http://www.robfowlerdance.com/> <http://www.dancefeveruk.com>



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ELYSIUM DANCE DESIGNS -- ARIZONA'S Dance Connection

NOTE: There are 3 EASY tags end of wall 4, 6, 7 *** It only took me 2min 20 seconds to teach this dance ***

START: Start after the saying those were the .. start on the word "days" (25 seconds in to the song)

[1-8] Walk right, left, shuffle, rock step coaster cross

- 1-2 Walk forward right left 12:00
- 3&4 Shuffle forward R-L-R 12:00
- 5-6 Rock forward left, recover weight back on right 12:00
- 7&8 Step left foot back, close right to left, step left over right 12:00

[9-16] Grapevine, kick left, kick right, touch behind

- 1-4 Step right to right, cross left behind, step right to right, kick left across right 12:00
- 5-6 Step left to left, kick right across left 12:00
- 7-8 Step right to ride side, touch left toe behind right 12:00

[17-24] Rolling vine 1 ¼ turn shuffle, rock coaster cross

- 1-2 Step left foot ¼ turn left (09:00), make ½ turn left stepping back right (03:00) 03:00
- 3&4 Shuffle ½ turn left stepping left, right, left 09:00
- 5-6 Rock right foot forward, recover weight on left 09:00
- 7&8 Step right foot back, close left to right, step right over left 09:00

[25-32] Side rock, cross over ¼ turn, walk back touch, full turn

- 1-2 Rock left to left side, recover weight on right 09:00
- 3-4 Cross left over right, make ¼ turn left stepping right foot back 06:00
- 5-6 Step left foot back, touch right toe back 06:00
- 7-8& Step right foot forward, make ½ turn right stepping left foot back, make further ½ turn right slightly hitching right (note this little hitch is preparation to start from the beginning of the dance facing the back wall) 12:00

There are 3 very easy Tags

Tag 1: Rocking chair (end of wall 4) 12:00

- 1-4 Rock right forward, recover, rock right back recover

Tag 2: Rock step, coaster step, rock step coaster step (end of wall 6) *Note music slows down for all of wall 7 * 12:00

- 1-2 Rock right foot forward, recover weight back on left
- 3&4 Step right back, close left beside right, step right foot forward
- 5-6 Rock left foot forward, recover weight back on right
- 7&8 Step left back, close right beside left, step left foot forward

Tag 3: Rocking chair (end of wall 7) * Note music dramatically slows down and builds up faster 06:00

- 1-4 Rock right forward, recover, rock right back recover

*** **ON A FINAL NOTE HAVE FUN, IT'S A GOOD SING-A-LONG, TO MAKE IT EVEN MORE FUN STAND IN LINES AND HOLD HANDS FROM COUNTS 1-16 WITH DANCERS TO THE RIGHT AND LEFT OF YOU, LET GO AFTER COUNT 16 OTHERWISE YOU WILL GET INJURED *******

(Originally taught by Elysium Dance Designs September 2014)

